

YEARVISION



2024 « | » 2025

WELCOME

DISCOVER YEARVISION

YearVision is a simple yet powerful tool designed to help you:

- **Reflect on The Last year:** Discover patterns, celebrate successes, and learn from challenges.
- **Plan for the future:** Set meaningful goals and prepare for a purposeful year ahead.

HOW YEARVISION WORKS

The booklet is divided into two sections:

1. **Looking Back:**
 - Review your past experiences.
 - Celebrate wins and understand key lessons.
2. **Dreaming Forward:**
 - Envision your goals and aspirations.
 - Create actionable steps for a fulfilling year.

WHAT YOU'LL NEED

- A pen or pencil.
- A comfortable, quiet space.
- A few hours without interruptions.

Above all, bring an open mind and a willingness to reflect and dream honestly.

GET STARTED

- **GATHER YOUR MATERIALS:**

Bring a pen, pencil, or anything else you'll need, and find a peaceful spot to settle in.

- **TAKE A MOMENT TO BREATHE:**

Close your eyes and take three slow, deep breaths to center yourself.

- **RELEASE EXPECTATIONS:**

Allow your mind to clear and approach this exercise with openness.

- **START WHEN IT FEELS RIGHT:**

Take your time – this is your personal journey.

LOOKING BACK

TREASURED MEMORIES

WHAT WERE THE UNFORGETTABLE EVENTS OF THE PAST YEAR?

1:

2:

3:

4:

5:

MY PERSONAL HIGHLIGHTS

The most incredible decision I made:

The most important lesson I learned:

LOOKING BACK

The happiest surprise I encountered:

The best advice I got:

PLACES VISITED THIS YEAR YOU WILL FOREVER CHERISH

1:

2:

3:

4:

5:

6:

LOOKING BACK

WHOSE COMPANY YOU ENJOYED THE MOST THIS YEAR?

MOMENTS I'LL ALWAYS REMEMBER

MY GREATEST CHALLENGE

WHAT HELPED ME OVERCOME THESE

LOOKING BACK

MY YEAR IN A NUTSHELL



THREE WORDS TO DESCRIBE MY PAST YEAR



YOU'VE CLOSED THE CHAPTER ON LAST YEAR.

Do you enjoy using YearVision? share it with your friends! Let's work together to reach and inspire more people.

yearvision.idea2product.tech

DREAMING FORWARD

WHAT IS YOUR BIGGEST DREAM FOR THE UPCOMING YEAR?



WHO ARE YOUR THREE BIGGEST SUPPORTERS?



WHAT PLACES DO YOU WANT TO EXPLORE THIS YEAR?



DREAMING FORWARD

WHAT'S ONE THING YOU WANT TO LET GO OF FOREVER?

WHAT'S ONE THING YOU'LL SAY "NO" TO?

HOW WILL YOU TREAT YOURSELF REGULARLY?

WRITE ONE PIECE OF ADVICE FOR YOURSELF

**CONGRATULATIONS, YOU HAVE JUST MAPPED OUT YOUR
YEAR**